

# Easy Breezy Vest

• a worksheet •

This vest can be knit in almost any yarn, regardless of its fiber content or gauge and worn for almost any season. The free form construction makes this project even more interesting. There really isn't a right or wrong way! Use this simple worksheet to write your own version.

Approximate yardage: 600 yards using a DK weight yarn (at a gauge of 5 sts per inch).

**Step 1** ~ Once you've selected your yarn, you'll need to knit a gauge swatch in stockinette stitch. Begin with the needle size as recommended on yarn label. Continue working gauge swatch to desired fabric density by changing the needle size. Once you achieve the desired gauge, count the stitches per inch. Use this formula to determine the number of stitches you'll need to cast on.

\_\_\_\_\_ **Gauge** (stitches per inch) x **16"** (standard width of vest back or use your own measurement) = (\_\_\_\_\_) **Stitches to Cast On**

**Step 2** ~ Begin

Back — CO amount of stitches from formula. Work in stockinette stitch for 21" or use your own measurement for back length.

Front (make 2) — CO amount of stitches from formula. Work in stockinette stitch for 12". Additional length worked beyond 12" will create a longer front panel.

**Step 3** ~ Blocking

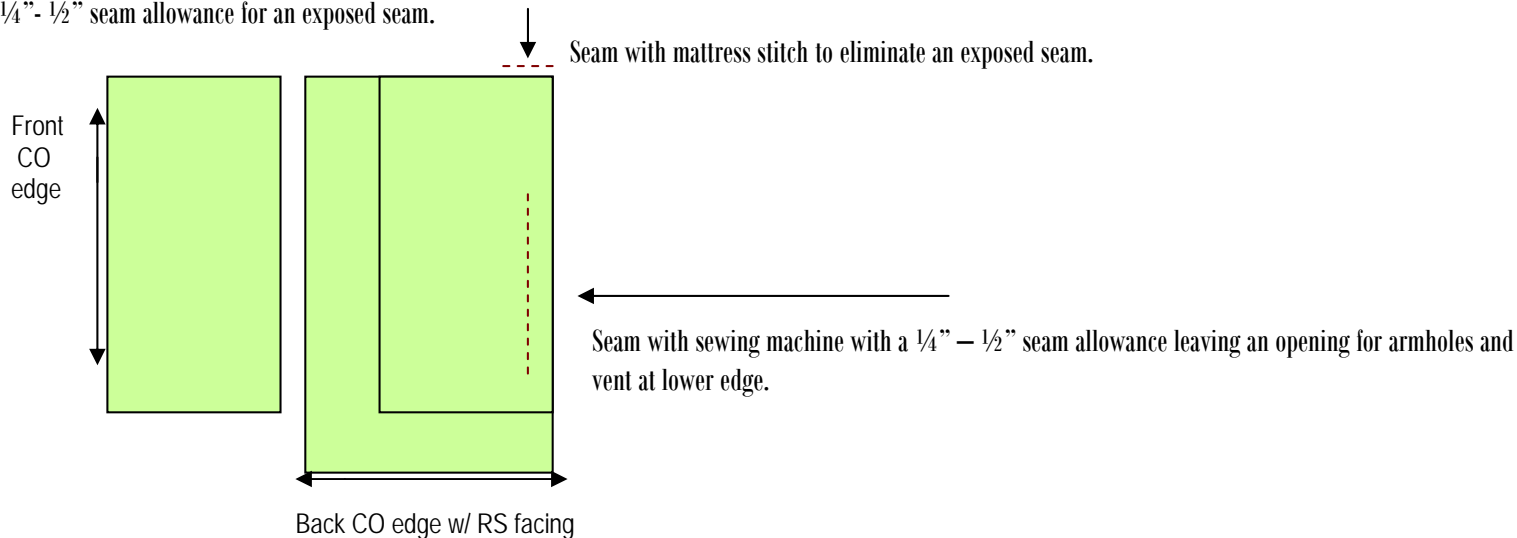
Because stockinette stitch tends to roll, wet block each piece for easier seaming. Block each piece to measure:

Back = 16" x 21"

Fronts = 16" x 12"

**Step 4** ~ Seam by hand & machine. Yes, you get to use your sewing machine! You'll want to use a longer stitch & slightly off color thread for the side seam. *Trust me, you'll thank me later if you have to rip your seam and re-do.*

Layout for seaming — With RS of back facing, position each front panel on top of back with RS Facing as shown. Pin in place and try on before seaming. Seam where indicated in red. For the shoulders, seam with the mattress stitch using the yarn from your project. For the side seams, use your machine, working a ¼" - ½" seam allowance for an exposed seam.



Of course, you can seam however you prefer. If you don't have a sewing machine, seam by hand. We chose to reverse the RS and WS of the material to add more interest. Consider using a different color for each piece. Or add your favorite stitch pattern. Work longer front panels or maybe on just one side? The possibilities are endless. I suppose that is why we find this project to be so much fun! Enjoy!